

# Connection Academy

Advanced Academy of  
Advanced Erotology

presents

*“The Love Academy”*

Directed by

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(UK)



## **General Introduction**

We are proud to present you with our *Love Academy* as an international college affiliated with **Connection Academy for Advanced Erotology**.

The Academy of Advanced Erotology is the first academic institute in the world that studies the philosophy and art of love and lovemaking from an integral, transpersonal, intercultural and multiple academic perspective. This includes the systemic and academic study of (cross)-cultural theories on love & lovemaking, intimate human relationships, human sexuality, gender, Tantric science and practice, the Tao of sexuality and many other theories and techniques.

## **Why Love Matters**

In the last decades love and intimate human connections have been neglected subjects in our western society. However, love between and or among people is one of the greatest human experiences. The power of love can awaken the ultimate human potential as a human and as a spiritual being.



In more than one aspect we live disconnected. It is God for us all and The EGO “I” for just me and myself. Therefore, we live also disconnected from our primary source: LOVE.

Love energy is one of the most elementary forces in our human existence. Love is a human right. Every human being has the right to love and to be loved. Living without love and not being acknowledged in our love is deeply painful for people. We need the presence of love in our lives, and yes, we also need the expression of physical love and intimacy in order to grow and develop healthy and happily as human beings.

Young infants who suffer a very serious lack of physical contact and love might die. Infants who do not receive enough loving care and affective physical contact, show a mal development emotionally, cognitively and physically.

In our western society, superfluous attention is given to lustful sexuality. Our modern media relate with this development. The advertisement - and sexual entertainment industry show us sexually tinted, mostly heterosexual images and hardly any loving and intimate pictures or movies. However, genuine love and intimacy are subjects that almost are paid no attention to in public for the last decades. The true connection between loving intimacy and sex is almost totally neglected in our western upbringing.

Social sexological research shows that more than a million people of the Dutch adult population suffer from serious sexual – and or relationship problems. In Great Britain this is even a higher percentage of people that do have sexual and relationship problems. Foremost, for this group of people professional and loving care has become almost a necessity.

In adult life it seems to be a hazardous task for many couples to stay sexually and intimately connected in a satisfactory way. Women may suffer from sexual blockages and vaginismus due to sexual abuse in their childhood or traumatic child births. Men may become sex addicts surfing the internet for hours in order to find the ‘ultimate’ sexual kicks and satisfaction.



It may also happen that during long-term intimate relationships partners look elsewhere for their sexual satisfaction and connection, because of relational boredom and lack of interest in each other. Having ex-marital affairs is not uncommon these days.

*'What often passes for love in marriages, or other long-term romantic relationships, is actually a negotiated truce in the war between the sexes. Men and women need each other to reproduce and often rely upon the other for sex, romantic excitement, and support of various kinds. There are happy exceptions, but trust, respect, and honest communication between men and women have not been the norm for a long, long time. ... We are so thoroughly indoctrinated to believe that romance, sexual attraction, dependency, and power dynamics are a satisfactory basis for love that we never question this erroneous assumption! Both domination and submission attract love's opposite, namely resentment and separation'. (Anapol, 2005)<sup>1</sup>.*

Therefore, the percentage of divorces is very high in the West. Serial monogamy is a world-wide trend.

Through social isolation and lacking sexual education, there is growing group of people that had not even one chance to be in a loving, caring, intimate and sexual relationship. Against their wish, these people are socially and sexually disconnected, inexperienced and suffer from serious sexual and intimate clumsiness. They keep this fact as a big secret, for sexual inexperience is a taboo in our society, especially for men.

It turns out that clinical sexologists do not always offer the sexological treatments that satisfy the client's needs. Some clients are looking for more practical and pragmatic forms of sexual education and training. Others want to explore more spiritual forms of intimacy and sexuality, such as Sexual Mindfulness or Tantra, which is not addressed by clinical sexologists at all.

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<sup>1</sup> In: Anapol, D., *The Seven Natural Laws of Love*, 2005, Santa Rosa (US): Elite Books.



The Love Academy as an international recognized university college and part of Connection Academy for Advanced Erotology. In our academy we train various talented professionals that in turn will educate and coach people towards more healthiness and happiness in their intimate, loving relationships and will assist people in developing their autonomous sexuality.

By initiating this 21<sup>st</sup> century educational institute, that is a true ambassador for the reconnection of love, sex and intimacy on the highest possible level of our consciousness and our existence, we hope to contribute to a better and more peaceful world, where people live connected with themselves, their loved ones, their social surrounding and nature, taking full responsibility for their actions.

### **Professional Specializations**

The love Academy will educate its student in the profession of sexual intimate healing expressed in several professional specializations.

All students start with an introduction year: the professional training program for **Sacred (Sexual) Intimate (Practitioners and AD level)** which is a 1<sup>st</sup> academic year diploma program. Students who complete this program become an all-round intimate / sexual body-oriented coach. The course is suitable for professionals who deal in their professional practice much with questions about sexuality and intimacy and are ready for a physical (hands-on and body-on) approach, but also for those who are ready to make a profession out of their passion, "loving and conscious touch".

We also created an elementary training program to become **Sexual and Intimate Care Taker (Practitioners level)** (The last professional group as mentioned above can be defined as intimate hands-on and body-on practitioners) that are trained to work with non-partnered or single disabled and chronically ill people, providing these clients and or patients with intimate, erotic and sexual services on a regular basis. Considering the highest standards of professional integrity.

From the second-year students will chose several specializations that professionally train for **(Sexual) Surrogate Partner (Bachelor and Practitioners / AD level)**, an advanced training program to become a **Surrogate Partner Therapist or – Supervising Mentor / Coach (Master level)**.

Moreover, an additional training program to become a **Sex Coach and Intimacy Coach, an Integral Sexological Bodyworker (Bachelor practitioners, AD level)**.

A **sexual surrogate partner and intimacy coach or sex-coach** offer clients, who suffer from sexual inexperience, fear of intimacy and or certain sexual dysfunctions a **sexual healing experience**. In some cases, in form of a genuine (sexual) surrogate partnership on a profound and intimate level of their existence. The core essence of such a training program is that 'sexual healing begins with a

human being who is perceived as already healed.’ (Brown, 2008, p. 20)<sup>2</sup>. The patient or client is not regarded upon as having an illness or problem. The client has a misunderstanding of perception only.

The client within these forms of training or therapeutic intervention is considered as a ‘whole individual’, who has the (hidden) capacity to become a lover and have a fulfilling sexual relationship with another human being. ‘The work of sexual healing, often with the help of (Sexual) Surrogate Partner Therapy, is to help clients remove one overcoat at a time, until they are no longer covering over their inherent potential of healthy and happy sexuality. Nakedness does not start with nudity; it starts by uncovering the soul. Sexual relationships do not thrive on trying harder or doing it better, but by letting go.’ (Brown, 2008, p. 20)<sup>3</sup>.

### **Duration of the Training Program**

The Bachelor Level Training Course is in general conducted over a twenty-four-month period. The one-year diploma courses are conducted over a twelve-month period.

### **Structure of the curriculum**

The curriculum is made up of a combination of learning through seminars, theory and practice general teachings, self-development through workshops and practical experience through surrogate partner training / sex-coach weekends.

Successful attendance and successful examination at the end of the course and aptitude over a period of training may be followed by an invitation to embark on a further six month internship at Dutch and or British surrogate partner institutes, such as The Love in Action / Your Love Life Institute Amsterdam/Leiden and The School of ICASA in Bedfordshire/London. The intern will work on a professional basis as a trainee Surrogate Partner under supervision by an ICASA therapist or Love in Action Love-life Coach.

Connection Surrogate Training Courses and Programs include all literature, manuals and CD’s by ICASA and Connection Academy.

### **Method of Education**

The method of education can be defined as an integrative, co-creative, transformative learning and transformation process. Embodied practice, philosophical reflection and theory are integrated in one curriculum. All the curriculum’s content will be one way or the other processed and explored through the physical body and the spirit. This is defined as the process of embodiment: physical, kinesthetic & sensual learning. By applying this transformative approach, the usual *cognicentrism*<sup>4</sup> in western education is avoided in this training program. The education program awakens and develops the student’s emotional intelligence, the physical and sexual intelligence, the spiritual intelligence, as the student’s cognitive capacities.

### **Teachers, Mentors and Lecturers**

The course is taught in Dutch and partly in English by highly experienced and well-known teachers, lecturers and mentors.

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<sup>2</sup> In: Brown, D., *Sexual Surrogate Partner Therapy, Exploding the Myths, Exploring the Mystery, Explaining the Therapy*, 2008, Luton, Bedfordshire: JNB Publishing.

<sup>3</sup> Idem.

<sup>4</sup> This terminology refers to an article on Integral Transformative Education, by Dr. J. Ferrer and Marina Romero, California Institute of Integral Studies.

Founder of the program is Dr. Tara Long (Dean, surrogate partner expert, sex and intimacy coach, transpersonal sexologist and tantra expert). Besides we present you:

- David Brown (Love Academy Head of Education, Surrogate Partner expert, transpersonal sex therapist, IPSA board),
- Dr. Maarten Ghysels (psychiatrist, clinical sexologist, sexual grounding expert) Marjanne Hurks (sex and intimacy awareness coach, sexological and relational therapist, Master NLP),
- Dr. Tova Feder (clinical sexologist, sexual body-oriented therapist, surrogate partner therapist and founder of the Training Institute for Mind Body Therapy, USA),
- Dr. Susan Kaye (sexuality professor, sex therapist, body worker expert, and founder of the Training Institute for Mind Body Therapy, USA),
- Kenneth Ray Stubbs, PhD, (tantra and shamanism expert, sociologist, transpersonal sexologist, author of the book: Women of the Light),
- Em. Prof. Dr. Maurice Kwee (Buddhist psychologist (cognitive) Psychotherapist),
- Silja Rehfeldt (midwife, de-armouring specialist for women, tantra and sexual healing specialist) Christina Salmen (de-armouring specialist for men, tantra and sexual healing expert, somatic psychotherapist),
- Hein van den Heuvel (SSPT mentor, body-oriented coach and sex-coach for men).

### **Assessment of Knowledge, Practical Skills and Personal and Transpersonal Development**

Examination and Assessment of knowledge and skills will take place following the same integrative method as described above. This contains written exams, presented papers and dissertations, practical exams, oral presentations, performances and creative products by the student or groups of students. Students will also be assessed concerning their personal development (capacity for personal transformation and growth) and professional attitude (professional ethics, professional integrity, and the development of a professional vision and working method).

The two-year training program will be concluded performing an integrated exam that inhabits knowledge and skills assessment. An official examination committee will be composed. Internal and external examiners consisting of various professional experts in the field will be seated in the examination committee.

### **Application Procedure**

An acceptance and intake interview are required at all times. Also send us your application form and CV and VOG (Verklaring omtrent gedrag). Moreover, we advise you to attend one of our introduction weekends.

The entire education program to become a professional **Sacred Sexual Intimate, Sexual and Intimate Caretaker, (Sexual) Surrogate Partner or Surrogate Partner Therapist or – (Sex – Intimacy) Sex / intimacy Coach / Somatic Sexological Practitioner / Mentor** requires successful attendance, successful examination of the various subjects and completion of all modules.

For the guiding Surrogate Partner Therapist and or Coach (Master Level) a written dissertation of 60 pages minimum, and its oral defense is compulsory for the final examination of this specialization program.

### **Selection and Admission**

An admission interview and introduction are required following application for acceptance onto the Elementary Module (1<sup>st</sup> year) of this education program. Acceptance onto further specializations / modules is dependent upon successful completion of all preceding modules. Further interviews and in some cases psychological assessment and tests may also be required with individual applicants.

## Safe learning environment

The presented training program is experimental and effective in healing and deepening the student's own personal experience and understanding of intimacy; such personal awareness within trainees is an essential preparation for helping others to heal. Therefore, a unanimous commitment to creating a confidential and respectful common mind and purpose among the training group is essential towards the creation of a safe space for open sharing within the training group. Acceptance onto the course will be dependent upon applicants committing to a Vow of Confidentiality and Honor towards fellow students during and following training, education and afterwards.

## Accreditation

On completion of the exam successfully and a successful internship the candidates will be awarded with a certified diploma as **(Sexual) Surrogate Partner, Sex / Intimacy –Coach, Somatic Sexological Practitioner (Bachelor or Practitioners level), or Surrogate Partner Therapist and or - Coach (Master level) or Sexual and Intimate Care Taker (Practitioners level)**. The certificates and diplomas will be approved by IPSA (International Professional Surrogates Association) and The Connection ([www.deconnection.org](http://www.deconnection.org)).

Further professional and advanced training seminars and conferences are available to deepen the skills, understanding and effectiveness of the certified surrogate partner therapists.

## Lectures, Workshops, Masterclasses and Group work Schedules

The two-year education program consists of eight weekends per year [every last weekend of the month, except the Christmas Holidays, Easter and Summer Holidays (half June until half August)] that are reserved for practical instruction and theoretical lectures. These weekends last from Friday evening 19.00 pm. until Sunday evening 19.00 pm. The lecture schedule is Friday nights 19.00 – 22.00 pm., Saturday from 9.00 – 22.00 pm. and Sundays from 10.00 – 19.00 pm. This all makes 23 hours of instruction per weekend.

That all counts up to at least 184 hours instruction per year and 368 hours instruction for the whole program.

Thereby, students should take part in homework groups and traineeships. The homework groups should gather at least two times a month. Students have to engage themselves in **professional supervision sessions** as well, at least 3 hours per six weeks.

Study at home and the completion of written assignments will take the student 10 to 15 hours a week.

Thereby, there will be an extra preparation week for the final exam.

## Tuition Fees and Additional Costs

Tuition fees must be paid annually in advance at registration. Due to urgent financial and or social reasons students will be allowed in particular cases to pay their tuition fees in three terms, but only with a bank assurance. The first term will be in advance at registration, the second term will be five months after registration and the last term will be 8 months after the registration date. This possibility needs to be discussed in advance with the Director of Finance and can only be rewarded through the director's written permission.

The academy is not in a position to offer general credit arrangements for the payment of tuition fees or maintenance and self-financing students must make their own external arrangements if loans are required.

## Tuition Fee

1<sup>st</sup> year undergraduate

- A. Diploma course professional **Sacred (Sexual) Intimate**, 12 months diploma course **7.250 Euros**.
- B. Diploma course for **Sexual and Intimate Caretaker**, 12 months diploma course **7. 250 Euros**.

2<sup>nd</sup> academic year

**9.350 Euros** per year for Bachelor level sexual surrogate partner or sex-coach students, all the course materials included, except the required study books. Also excluded are the costs for examination which will be an additional amount of 950 Euros.

3<sup>rd</sup> academic year

For Master level students the tuition fee will be **11.000 Euros** per year, examination costs will be 1.050 Euros.

No restitution of tuition fees will be granted the moment a student decides to stop the study when the course has already started and one month before the education starts. Only urgent situations and reasons such as serious health or serious personal problems will give the student the right to suspend the course, without losing the financial investment. There will be no refund of tuition fees, however in such a case, the possibility will be offered to return to the program the following year, without extra payments.

For all the diploma / degree courses 8 months of traineeship is mandatory. Only after successful completion of the traineeship a diploma is rewarded.

## Methods of Payment

Tuition fees should be received and cleared at latest 14 working days in advance of the commencement of the training course. Flexible payment options may be considered on application.

Tuition fees should be paid onto the Connection Academy account: ING bank, Alphen aan den Rijn, the Netherlands. **IBAN: NL21 INGB 0007 9614 63, BIC: INGB NL2A**. Do not forget to mention your course description.

## The Curriculum<sup>5</sup>

### ***Elementary Training Module: 1<sup>st</sup> half of year one***

The training group will be of mixed gender(s). The energy experienced during this stage of training may best be described as intimacy through open communication and trust, leading to a deepening into sensuality. Students from the above-mentioned specializations will all together take part in the first general year of integrative sexological education. In the second-year students will specialize themselves.

The elementary training module explores open-sensual, intimate communication and caressing exercises. The practice of these exercises is transformative in terms of how open sensuality and emotional and physical pleasure is perceived and expressed both in the conscious mind and in the physical body. Nudity will be experienced at a conscious level and within a safe and deeply honoring environment. The intimacy practices include full body embracing and hugging with a training partner

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<sup>5</sup> This curriculum is a synthesis of the Connection *Love Academy* curriculum and the ICASA Surrogate Partner Training curriculum.

from within the group. Different ways to touch and caress will be thought. On the final day of this module the intimacy practices may include full body caressing excluding breasts and genitals.

Basic theory is also part of this module. Basic knowledge on sexual dysfunctions, social phobia and fear of intimacy and basic (genital) anatomy will be lectured. Thereby, theories on projections, transference and counter transference in coaching and therapeutic communication situations will be discussed and trained. There will also be an introduction into transpersonal (sex) therapy and transformation.

***Elementary Level 1A Module: Obligatory subjects and training experience 1<sup>st</sup> half year of study***

- Causes and effects of male and female sexual dysfunctions and sexual - and social anxieties
- Introduction into therapeutic communication: Essence of the Intimate / Surrogate Partner – Client relationship, process of transference and counter transference
- Introduction into basic (genital) anatomy / physiology
- Sensual and intimate touch: discovering the beauty of touch and the human body, the art of deeper intimate caress
- Basic massage techniques module I: introduction into holistic massage techniques, introduction into tantric massage techniques, introduction into pelvic (release) massage techniques and de-blocking massage techniques.
- Personal attitude and development: (sexual and intimate) awareness training, sexual grounding training, level I, (sexual) mindfulness / heartfulness (heart coherence) training, healing (sexual) self-consciousness: expressing intimate pleasure, discovering the body as beauty, connecting with (physical) love that heals, beyond defense and opening to trust
- Professional Ethics and Dynamics module I: The vision and professional role of a Sacred Sexual Intimate, Sex-coach or Surrogate Partner (Therapist)



### ***Intermediate Level 1B Module: 2<sup>nd</sup> half of year one***

This module is focused on the integration of (physical) intimacy, sensuality and sexual energy. Kissing, genital massage and touching, caressing, oral loving and the potentiality of various forms of orgasms are included. Students accepted onto this stage of training must have satisfied the criteria attached to the previous module.

A deeper insight is given into transpersonal forms of transformative sexual therapy.

An individual interview, medical protocol, testing, including blood tests, a psychological assessment and written consent by the student is also required before they can be accepted into this stage of training.

### ***Compulsory subjects and training experience 2<sup>nd</sup> half year of study***

- Introduction into male and female genital massage techniques, introduction into anal massage de-blocking techniques.
- Introduction into sexual healing techniques and rituals
- Introduction into male and female masturbation techniques and breathing
- Introduction into transpersonal therapeutic transformation techniques and therapy
- Oral love instructions; kissing lips, playing with your tongue
- Personal transformation: healing one's own past wounds and schism in the relationship of self and genitals, sexual grounding Level II
- Preventing sexual projections: self awareness and containment during sexual touching
- Personal Hygiene training and prevention of sexually transmitted diseases: condom confidence



### ***Intermediate Level 2A Module: 1<sup>st</sup> half of year two***

This module is open only to those who have satisfied the criteria attached to the previous modules and holds the required certification from The University of Advanced Erotology and The School of ICASA to confirm satisfactory completion of modules 1 and 2 (Elementary and Intermediate).

During this stage of the training program students will experience intense sexual energy and sexual ecstasy within the context of mutuality. Slow sex and sexual mindfulness techniques are being trained and implemented. The art of love making as a complete picture will be implemented, including French kissing, mutual sexual caressing, oral genital loving and kissing, coital contact variations and the potentiality for various orgasmic experiences. Simulated sexual intercourse and sensuous bathing and tantric water floating will also be practiced.

### **Obligatory subjects and training experience 1<sup>st</sup> half year of study 2<sup>nd</sup> year**

- Kissing and orally caressing the male and female genitals
- Orgasmic Yoga: becoming orgasmic, genital caressing, connecting with sexual (orgasmic) energy, breathing techniques
- Introduction into sexual reflexology and Taoist erotic massage
- Sexual energetic anatomy: energizing the (sensual and sexual) body, balancing and sharing sexual energy
- Tantric water floating techniques and sensuous bathing
- Introduction into non-western sexology and erotology: the integral and transpersonal perspective
- Introduction lecture into love hormones and the falling in love process, mutuality



### **Advanced 2B Module: 2<sup>nd</sup> half of year two**

This module is open only to those who have satisfied the criteria attached to the previous training modules that confirm satisfactory completion of modules 1 – 3 (Elementary and Intermediate Levels 1 and 2).

During this stage of the training program, delegates will experience sexual energy within the context of mutuality, including kissing, mutual sexual caressing, oral loving and sexual intercourse in various ways.

Client treatment procedures, protocols and writing session reports will also be implemented and trained in this module

Ritual group work will be experienced, and individual assessment will be done.

This training module will finish with an integral exam and finally with a graduation ceremony with conscious closure on the relationship formed within the training group experience.

### **Obligatory subjects and training experience 2<sup>nd</sup> half year of study**

- Intake procedures, treatment protocols and writing session reports
- Advanced professional ethics: duties and responsibilities of a Sex-coach / Surrogate Partner; dealing with problems and the client's attachment and dependency

- Professional Codes and Law: human sexual rights, code of ethics, European laws, etc.
- Love making techniques: Slow Sex techniques such as quiet penetration, Kama Sutra positions, conscious orgasmic breathing, Tao love positions, Barry Long coital training
- Group dynamics: group communication and re-connection, group rituals, etc.



- Supervision and process coaching: how a Surrogate Partner can best connect and communicate with a process supervisor /mentor
- Exam preparation and Closure

Additional courses:

- Sex-coaching / Surrogate partnerships with forensic clients
- Sex-coaching / Surrogate partnerships with autistic (Asperger syndrome, PDD-NOS) clients
- Sex-coaching / Surrogate partnerships with mentally disabled clients
- Sex-coaching / Surrogate partnerships with physically disabled clients
- The philosophy and history of love making techniques in western and non-western societies
- Eros as an academic discourse.

## **Stichting Connection Academy**

European Institute for Higher Education in Advanced Erotology, Integral and Transpersonal Sexology & Tantric Sciences

Lectures and instructions location:

De Plek

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